

SCHOOL OF GRADUATE
AND PROFESSIONAL STUDIES

BACHELOR OF SCIENCE IN SPORTS AND EXERCISE SCIENCE



DEPARTMENTAL DESCRIPTION

The Department of Sports and Exercise Science is an important part of the School of Graduate and Professional Studies at Cameron University. The department offers a baccalaureate degree program in Sports and Exercise Science.

MAJOR DESCRIPTION

Students who are interested in pursuing a Bachelor of Science in Sports and Exercise Science acquire a strong foundation in science based curriculum that integrates research, education, and practical application within a variety of contexts to enhance personal fitness, health, and sport performance. In developing this foundation, students develop professional dispositions that are consistent with employment standards for entry-level positions.

CAREER OPPORTUNITIES

Common fields of study include:

- Athletic Director
- Community Program Director
- Fitness Management
- Health Promotion
- Public Health
- Recreation Director
- Sports Facility Manager
- Teaching and Coaching (APP)
- Wellness Coordinator

CONCENTRATIONS

1

Accredited Certifications

- Exercise Physiologist
- Health Coach
- Personal Trainer
- Specialty Credentials
- Strength & Conditioning Specialist
- Recreation Director

2

Prerequisite Requirements

- Occupational Therapist Assistant (OTA)
- Physical Therapist Assistant (PTA)

3

Pre-Professional Studies

- Athletic Training
- Chiropractor
- Clinical Exercise Physiologist
- Nursing
- Occupational Therapist
- Physical Therapist
- Physician Assistant (PA)
- Sports Medicine



FOR MORE INFORMATION CONTACT:

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